



NEWSLETTER



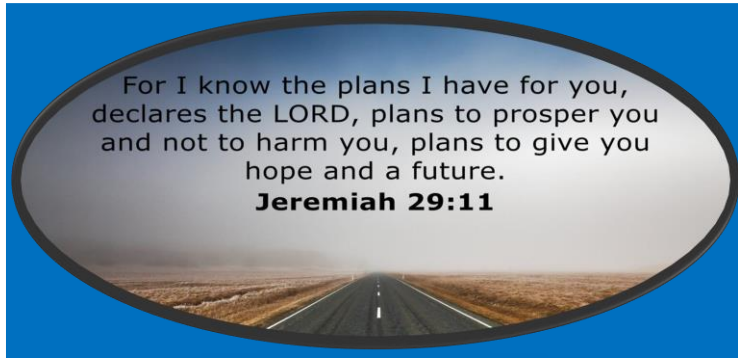
Friday 19.05.23

Join us on Twitter @nutgroveprimary

LOVE HOPE RESPECT

For I know the plans I have for you,
declares the LORD, plans to prosper you
and not to harm you, plans to give you
hope and a future.

Jeremiah 29:11



'My Best, Always, Everywhere'

Nutgrove Star Awards of the Week

YEAR GROUP	Award Winners		
Reception	Sienna	Anya	Tilly
Y1	Logan	George	Sebastian N
Y2	All of Year 2 for their fabulous effort with their SATs		
Y3	Eliana	Lewis	Charlie B
Y4	Olivia F	Olivia P	Shayaan
Y5	Oliver K	James	Ava
Y6	Ethan	Maddie	Rebecca

Our Christian Value for this half-term is Generosity

Shine Awards

Millie C Year 4 - Millie is an excellent role model to all KS2 children at lunchtime always doing "all the good she can"

NOTES FOR PARENTS

- School re-opens Tuesday 6th June
- 15.06.23 PTFA sponsored rainbow run event details below
 - 7th-9th June - Year 6 residential
- 6th-9th June Year 5 Bikeability sessions -separate letters sent out

National Mental Health Week

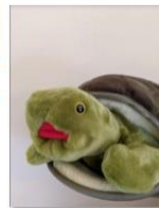
Social and Emotional Learning

Outdoor Scavenger Hunt

Focus your mind and your senses on what is happening outside...

Cross out the boxes when you have found the item or completed the task:

Happy hunting!
Love Twiggie x



	Look for something that makes you smile		Find something that feels hard and UNCOMFORTABLE to touch		Watch the clouds, look for shapes and take 3 deep breaths
	Find something that feels soft and COMFORTABLE to touch		Smell something fresh - how do you feel?		Can you find something to recycle?
	Smell something stinky - how do you feel now?	Henrietta the Hedgehog 	Find a place you think Henrietta would like to live		Find something you would share with a friend
Daphne the Duck 	Listen for the sound of a bird	Duke the Dog 	Can you find a stick that Duke would like to play with?		Find an animal - no matter how small!



Social and Emotional Learning

Indoor Scavenger Hunt

Can you focus your mind on the inside; look and find!

Cross out the boxes when you have found the item or completed the task:

Happy hunting!
Love Twiggie x



	Listen - can you hear a clock? Can you see one? What time is it?		Find something that feels hard and UNCOMFORTABLE to touch		Are there any books or magazines at home? How many can you find?
	Find something that feels soft and COMFORTABLE to touch		Find a mug and pretend you have hot chocolate in it; take a long sniff then blow to cool it down		Find a pair of sunglasses
	Find something living - give a hug!		Find somewhere quiet and take 5 minutes to yourself!		Find or take a picture of people you love
	Cuddle your favourite teddy - how do you feel?		Can you find some blocks or something to build a tower?		Find 3 things that are yellow



'Living life in its fullness' at Nutgrove

We enjoyed KS2 Music Through the Ages Workshop on Monday here are some pictures of Year 3 enjoying their workshop



Safeguarding

Childrens Mental Health

Realising that your child may be struggling with their mental health and experiencing anxiety or depression can be hard to accept. Sometimes parents can feel like it's their fault or wants to know why their child is struggling with a mental health problem. This is completely understandable, but the most important thing you can do is to reassure your child and not judge them for how they're feeling.

- Let them know you are there for them
- Be patient and stay calm even if their behaviour upsets you
- Recognising their feelings are valid and letting them know it is okay for them to be honest about what it is like for them to feel this way
- Thinking of healthy ways to cope you could do together, like yoga, breathing exercises, or mindfulness

For more information see the NSPCC website:

<https://www.nspcc.org.uk/keeping-children-safe/childrens-mental-health/depression-anxiety-mental-health>

PE TIMETABLE MAY 2023

Monday	Year 1
Tuesday	Year 6
Wednesday	Years 4 and Year 3
Thursday	Year 5*** and Year 5
Friday	Reception and Year 2



*** Additional PE session

Prayer of the Week

Living God, you are humble in generosity and teach us to be the hands and feet of Christ in the world. May our light so shine before others, in love, in truth, and action, that we may glorify your name in Jesus Christ our Lord.

Amen

NUTGROVE PTFA

Year 2 would like to say Thank You for the Ice Creams they received today

The next PTFA event will be held on the 15th of June 2023 after school

'The PTFA Rainbow Run' is a sponsored run around our school field where coloured paints are thrown into the air so children can run through it. Letters and sponsor forms were sent out with the children today.

We are asking for empty sports cap bottles, washing-up liquid bottles, or other bottles that can be filled with paint powder/water and used to spray over the runners.

Please drop any bottles off at the main school office.

ATTENDANCE

- ✓ This week the class with the highest attendance is Year 1 and Year 5 with 95.7%
- ✓ This week the whole School's attendance is 95.4%
- ✓ The whole School attendance so far this year is 95.2%
- ✓ National Average so far this year is 93.7%



Community

What's on - Thatto Heath Library

Half-term Craft Friday 2nd June 2.30 pm – 3.30 pm

Pirates and Princess crafts and treasure, fancy dress welcome

