

## RSE Overview



	<b>Autumn 1</b>	<b>Autumn 2</b>	<b>Spring 1</b>	<b>Spring 2</b>	<b>Summer 1</b>	<b>Summer 2</b>
<b>Reception</b>	<ul style="list-style-type: none"> <li>• See themselves as a valuable individual.</li> <li>• Build Constructive and respectful relationships.</li> <li>• Express their feelings and consider the feelings of others. Develop particular friendships with other children.</li> <li>• Aware of behavioural expectations.</li> </ul>		<ul style="list-style-type: none"> <li>• Shows resilience and perseverance in the face of a challenge and can choose resources with confidence.</li> <li>• Identify and moderate their own feelings socially and emotionally.</li> <li>• Proactive in seeking adult support and able to articulate their wants and needs.</li> </ul>		<ul style="list-style-type: none"> <li>• Think about the perspective of others.</li> <li>• Manage their own needs.</li> <li>• Has a clear idea about what they want to do in their play and how they want to go about it.</li> <li>• More able to manage their feelings and tolerate situations in which their wishes cannot be met.</li> <li>• Seeks way to manage conflict.</li> </ul>	
<b>Y1</b>	Caring and Responsibility	Families and committed relationships	Healthy and happy friendships	Our similarities and differences	Healthy Body Healthy Mind	Coping with Change
<b>Y2</b>	Healthy and happy friendships	Families and committed relationships	Caring and responsibility	Our similarities and differences	Coping with Change	Healthy Body healthy mind
<b>Y3</b>	Coping with Change	Healthy Body Healthy Mind	Families and committed relationships	Caring and responsibility	Our similarities and differences	Healthy Body healthy mind
<b>Y4</b>	Families and committed relationships	Caring and responsibility	Healthy body healthy mind	Coping with Change	Our similarities and differences	Healthy Body healthy mind
<b>Y5</b>	Healthy and happy friendships	Caring and responsibility	Coping with Change	Healthy body healthy mind	Families and committed relationships	Our similarities and differences
<b>Y6</b>	Healthy body healthy mind	Our similarities and differences	Caring and responsibility	Families and committed relationships	Healthy and happy friendships	Coping with change